

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  |
|---|---|--|--|--|--|---|
| <p><b>Unless otherwise noted, all Activities will be conducted by Chad or Colleen. Activities that are denoted with an (I) are independent activities.</b></p>  | <p><b>10:00</b> Right Moves (AR) <b>1</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Word in a Word (AR)<br/> <b>3:00</b> Word in a Word (AR)<br/> <b>6:00</b> Evening News (I)<br/> <b>7:00</b> Wheel of Fortune (I)</p>                  | <p><b>10:00</b> Morning Exercise (AR) <b>2</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Groundhog Bingo (AR)(EL)<br/> <b>3:00</b> Groundhog Bingo (AR)(EL)<br/> <b>6:00</b> Music with Colleen (AR)<br/> <b>7:00</b> Movie: Groundhog Day (EL)</p> | <p><b>10:00</b> Right Moves (AR) <b>3</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Black History Trivia (AR)(EL)<br/> <b>3:00</b> Black History Trivia (AR)(EL)<br/> <b>6:00</b> Evening News (I)</p>   | <p><b>10:00</b> Morning Exercise (AR) <b>4</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Niagara Falls – New Wonders of the World (AR)(EL)<br/> <b>3:00</b> Niagara Falls – New Wonders of the World (AR)(EL)<br/> <b>6:00</b> Reminisce w/Colleen (AR)</p> | <p><b>10:00</b> Right Moves (AR) <b>5</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Bingo (AR)(EL)<br/> <b>3:00</b> Bingo (AR)(EL)<br/> <b>6:00</b> Evening News (I)<br/> <b>7:00</b> Wheel of Fortune (I)</p>                             | <p><b>10:00</b> Morning Exercise (AR) <b>6</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Crossword (AR)<br/> <b>3:00</b> Crossword (AR)<br/> <b>6:30</b> World News with David Muir (I)</p>  |
|   | <p><b>10:00</b> Heart of the Nation (AR)(EL) <b>7</b><br/> <b>11:00</b> Heart of the Nation (AR)(EL)<br/> <b>2:00</b> Afternoon Stretch (AR)<br/> <b>3:00</b> Movie: Fiddler on the Roof (AR)(EL)<br/> <b>6:00</b> Evening News (I)</p>             | <p><b>10:00</b> Right Moves (AR) <b>8</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Crossword Puzzle (AR)<br/> <b>3:00</b> Crossword Puzzle (AR)<br/> <b>6:00</b> Evening News (I)<br/> <b>7:00</b> Wheel of Fortune (I)</p>                             | <p><b>10:00</b> Morning Exercise (AR) <b>9</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Bingo (AR)(EL)<br/> <b>3:00</b> Bingo (AR)(EL)<br/> <b>6:00</b> Music with Colleen (AR)</p>  | <p><b>10:00</b> Right Moves (AR) <b>10</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Resident Council (AR)(EL)<br/> <b>3:00</b> Resident Council (AR)(EL)<br/> <b>6:00</b> Evening News (I)</p>  | <p><b>10:00</b> Morning Exercise (AR) <b>11</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Blizzard of '77 Documentary (AR)(EL)<br/> <b>3:00</b> Blizzard of '77 Documentary (AR)(EL)<br/> <b>6:00</b> Reminisce with Colleen (AR)</p> | <p><b>10:00</b> Right Moves (AR) <b>12</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Chinese New Year Bingo (AR)(EL)<br/> <b>3:00</b> Chinese New Year Bingo (AR)(EL)<br/> <b>6:00</b> Evening News (I)<br/> <b>7:00</b> Wheel of Fortune (I)</p> |
| <p><b>10:00</b> Heart of the Nation (AR)(EL) <b>14</b><br/> <b>11:00</b> Heart of the Nation (AR)(EL)<br/> <b>2:00</b> Afternoon Stretch (AR)<br/> <b>3:00</b> Movie: Hallmark Valentine Movie (EL)<br/> <b>6:00</b> Evening News (I)<br/> <i>Valentine's Day</i></p> | <p><b>10:00</b> Right Moves (AR) <b>15</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Presidential Guess the Word (AR)<br/> <b>3:00</b> Presidential Guess the Word (AR)<br/> <b>6:00</b> Evening News (I)<br/> <i>President's Day</i></p> | <p><b>10:00</b> Morning Exercise (AR) <b>16</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Mardi Gras Bingo (AR)(EL)<br/> <b>3:00</b> Mardi Gras Bingo (AR)(EL)<br/> <b>6:00</b> Mardi Gras Music with Colleen (AR)</p>                              | <p><b>10:00</b> Right Moves (AR) <b>17</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> What is Ash Wednesday? (AR)(EL)<br/> <b>3:00</b> What is Ash Wednesday? (AR)(EL)<br/> <b>6:00</b> Ash Wednesday Service St. Thomas More (EL)(AR)<br/> <i>Ash Wednesday/First Day of Lent</i></p>                | <p><b>10:00</b> Morning Exercise (AR) <b>18</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Remembering Crystal Beach (AR)(EL)<br/> <b>3:00</b> Remembering Crystal Beach (AR)(EL)<br/> <b>6:00</b> Reminisce with Colleen (AR)</p>                           | <p><b>10:00</b> Right Moves (AR) <b>19</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Bingo (AR)(EL)<br/> <b>3:00</b> Bingo (AR)(EL)<br/> <b>6:00</b> Evening News (I)<br/> <b>7:00</b> Wheel of Fortune (I)</p>                            | <p><b>10:00</b> Morning Exercise (AR) <b>20</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Word in a Word (AR)<br/> <b>3:00</b> Word in a Word (AR)<br/> <b>6:30</b> World News with David Muir (I)</p>                                       |
| <p><b>10:00</b> Heart of the Nation (AR)(EL) <b>21</b><br/> <b>11:00</b> Heart of the Nation (AR)(EL)<br/> <b>2:00</b> Afternoon Stretch (AR)<br/> <b>3:00</b> Movie: Dolly Parton – Here I Am (AR)(EL)<br/> <b>6:00</b> Evening News (I)</p>                         | <p><b>10:00</b> Right Moves (AR) <b>22</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Crossword Puzzle (AR)<br/> <b>3:00</b> Crossword Puzzle (AR)<br/> <b>6:00</b> Evening News (I)</p>   | <p><b>10:00</b> Morning Exercise (AR) <b>23</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Bingo (AR)(EL)<br/> <b>3:00</b> Bingo (AR)(EL)<br/> <b>6:00</b> Music with Colleen (AR)</p>   | <p><b>10:00</b> Right Moves (AR) <b>24</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Black History Trivia (AR)(EL)<br/> <b>3:00</b> Black History Trivia (AR)(EL)<br/> <b>6:00</b> Evening News (I)<br/> <b>7:00</b> Wheel of Fortune (I)</p>  | <p><b>10:00</b> Morning Exercise (AR) <b>25</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Remembering Crystal Beach (AR)(EL)<br/> <b>3:00</b> Remembering Crystal Beach (AR)(EL)<br/> <b>6:00</b> Reminisce with Colleen (AR)</p>                           | <p><b>10:00</b> Right Moves (AR) <b>26</b><br/> <b>11:00</b> Right Moves (AR)<br/> <b>2:00</b> Bingo (AR)(EL)<br/> <b>3:00</b> Bingo (AR)(EL)<br/> <b>6:00</b> Evening News (I)<br/> <b>7:00</b> Wheel of Fortune (I)<br/> <i>Purim Begins</i></p>   | <p><b>10:00</b> Morning Exercise (AR) <b>27</b><br/> <b>11:00</b> Morning Exercise (AR)<br/> <b>2:00</b> Crossword (AR)<br/> <b>3:00</b> Crossword (AR)<br/> <b>6:30</b> World News with David Muir (I)</p>   |
| <p><b>10:00</b> Heart of the Nation (AR)(EL) <b>28</b><br/> <b>11:00</b> Heart of the Nation (AR)(EL)<br/> <b>2:00</b> Afternoon Stretch (AR)<br/> <b>3:00</b> Movie: My Week with Marilyn (AR)<br/> <b>6:00</b> Evening News (I)</p>                                 | <p><b>LOCATION KEY</b><br/> <b>AR – ACTIVITY ROOM</b><br/> <b>DR – DINING ROOM</b><br/> <b>FL – FRONT LOBBY</b><br/> <b>EL – EAST LOUNGE</b><br/> <b>I – INDEPENDENT</b></p>  |  | <p><b>Happy Birthday!!</b><br/> <b>1<sup>st</sup> – Mareann M.</b><br/> <b>6<sup>th</sup> – Patricia R.</b><br/> <b>8<sup>th</sup> – David A.</b><br/> <b>12<sup>th</sup> – Kathy S.</b><br/> <b>12<sup>th</sup> – Ruth B.</b><br/> <b>18<sup>th</sup> – Nell G.</b><br/> <b>29<sup>th</sup> – Rita M.</b></p> |  |  |   |
| <p><b>February Is Black History Month!!</b></p>   |   |  |  |  |  |   |



# Activities Calendar

## February 2021 Memory Care

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|--|---|---|---|---|--|--|
|  | <b>9:30</b> Rise & Shine<br><b>10:00</b> Java & Reminisce<br><b>10:30</b> Bowling<br><b>11:00</b> What Am I<br><b>2:30</b> Name the Big Ball<br><b>3:00</b> Winter Word Games<br><b>3:45</b> Mouth Watering Monday<br><b>6:30</b> Hearts at the Hearth Stories                              | <b>9:30</b> Move It or Lose It<br><b>10:00</b> Daily Chronicles<br><b>10:30</b> Wack-a-ball<br><b>2:15</b> Mid Day Move It<br><b>2:30</b> Snowy Bingo<br><b>3:45</b> Edible Eats<br><b>6:30</b> Chicken Soup for the Soul | <b>9:30</b> Chair Moves<br><b>10:00</b> Spa Time<br><b>10:30</b> Time to Shine<br><b>11:00</b> Musical Ball<br><b>2:30</b> Mid Day Move It<br><b>3:00</b> Name That Topic<br><b>3:45</b> What Are you Craving?<br><b>6:30</b> Winter Memories   | <b>9:30</b> Morning Stretch<br><b>10:00</b> Ton of Laughs<br><b>10:30</b> Parachute<br><b>11:00</b> Who am I?<br><b>2:30</b> Niagara Falls Documentary<br><b>3:45</b> Early Bird Special<br><b>6:30</b> Reminisce                   | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>10:30</b> Name that Topic<br><b>11:00</b> Wack-a Ball<br><b>2:30</b> Walk & Talk<br><b>3:00</b> Winter Bingo<br><b>3:45</b> How's the Chow?<br><b>6:30</b> Music with Liberace      | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>10:45</b> Name that Topic<br><b>11:20</b> Nibble a Bit<br><b>2:30</b> Horse Racing<br><b>3:15</b> Antique Road Show<br><b>3:45</b> Smorgasbord<br><b>6:30</b> Classic Movie Night |
| <b>9:30</b> Big Ball Name Game<br><b>10:00</b> Faith Hour<br><b>10:45</b> Walk & Talk<br><b>11:20</b> Munch for Lunch<br><b>2:30</b> Mid Day Move It<br><b>3:00</b> Hearts a Plenty Bingo<br><b>3:45</b> What's for Dinner?<br><b>6:30</b> 60 Minutes        | <b>9:30</b> Rise & Shine<br><b>10:00</b> Java & Reminisce<br><b>10:45</b> Bowling<br><b>11:00</b> What Am I<br><b>2:30</b> Name the Big Ball<br><b>3:00</b> Winter Word Games<br><b>3:45</b> Mouth Watering Monday<br><b>6:30</b> Hearts at the Hearth Stories                              | <b>9:30</b> Move It or Lose It<br><b>10:00</b> Daily Chronicles<br><b>10:30</b> Wack-a-ball<br><b>2:15</b> Mid Day Move It<br><b>2:30</b> Snowy Bingo<br><b>3:45</b> Edible Eats<br><b>6:30</b> Chicken Soup for the Soul | <b>9:30</b> Chair Moves<br><b>10:00</b> Creative Cooking<br><b>10:30</b> Tasty Wednesday<br><b>11:00</b> Hot Potato<br><b>2:30</b> Mid Day Move It<br><b>3:00</b> What is It?<br><b>3:45</b> What Are You Craving?<br><b>6:30</b> Winter Memories                                       | <b>9:30</b> Morning Stretch<br><b>10:00</b> Ton of Laughs<br><b>10:30</b> Parachute<br><b>11:00</b> Who am I?<br><b>2:30</b> Blizzard of '77 Documentary<br><b>3:45</b> Early Bird Special<br><b>6:30</b> Reminisce                 | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>10:30</b> Name that Topic<br><b>11:00</b> Wack-a Ball<br><b>2:30</b> Walk & Talk<br><b>3:00</b> Winter Bingo<br><b>3:45</b> How's the Chow?<br><b>6:30</b> Music with Glenn Miller  | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>10:45</b> Name that Topic<br><b>11:20</b> Nibble A Bit<br><b>2:30</b> Horse Racing<br><b>3:15</b> Antique Road Show<br><b>3:45</b> Smorgasbord<br><b>6:30</b> Classic Movie Night |
| <b>9:30</b> Sit & Be Fit<br><b>10:00</b> Faith Hour<br><b>10:45</b> Walk-About<br><b>11:20</b> Munch for Lunch<br><b>2:30</b> Ring Toss<br><b>3:00</b> Valentine Bingo<br><b>3:45</b> What's for Dinner?<br><b>6:30</b> 60 Minutes<br><i>Valentine's Day</i> | <b>9:30</b> Rise & Shine<br><b>10:00</b> Java & Reminisce<br><b>10:45</b> Bowling<br><b>11:00</b> What Am I<br><b>2:30</b> Presidential History<br><b>3:00</b> Winter Word Games<br><b>3:45</b> Mouth Watering Monday<br><b>6:30</b> Hearts at the Hearth Stories<br><i>President's Day</i> | <b>9:30</b> Move It or Lose It<br><b>10:00</b> Daily Chronicles<br><b>10:30</b> Wack-a-ball<br><b>2:15</b> Mid Day Move It<br><b>2:30</b> Snowy Bingo<br><b>3:45</b> Edible Eats<br><b>6:30</b> Chicken Soup for the Soul | <b>9:30</b> Chair Moves<br><b>10:00</b> Spa Time<br><b>10:30</b> Time to Shine<br><b>11:00</b> Musical Ball<br><b>2:30</b> Mid Day Move It<br><b>3:00</b> Name That Topic<br><b>3:45</b> What Are You Craving?<br><b>6:30</b> Winter Memories<br><i>Ash Wednesday/First Day of Lent</i> | <b>9:30</b> Morning Stretch<br><b>10:00</b> Ton of Laughs<br><b>10:30</b> Popcorn Parachute<br><b>11:00</b> Who am I?<br><b>2:30</b> Remembering Crystal Beach<br><b>3:45</b> Early Bird Special<br><b>6:30</b> Reminisce           | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>10:30</b> Name that Topic<br><b>11:00</b> Wack-a Ball<br><b>2:30</b> Walk & Talk<br><b>3:00</b> Winter Bingo<br><b>3:45</b> How's the Chow?<br><b>6:30</b> Music with Frank Sinatra | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>10:45</b> Name that Topic<br><b>11:20</b> Nibble A Bit<br><b>2:30</b> Horse Racing<br><b>3:15</b> Antique Road Show<br><b>3:45</b> Smorgasbord<br><b>6:30</b> Classic Movie Night |
| <b>9:30</b> Big Ball Name Game<br><b>10:00</b> Faith Hour<br><b>10:45</b> Walk & Talk<br><b>11:20</b> Munch for Lunch<br><b>2:30</b> Mid Day Move It<br><b>3:00</b> Bingo<br><b>3:45</b> What's for Dinner?<br><b>6:30</b> 60 Minutes                        | <b>9:30</b> Rise & Shine<br><b>10:00</b> Java & Reminisce<br><b>10:45</b> Bowling<br><b>11:00</b> What Am I<br><b>2:30</b> Name the Big Ball<br><b>3:00</b> Winter Word Games<br><b>3:45</b> Mouth Watering Monday<br><b>6:30</b> Hearts at the Hearth Stories                              | <b>9:30</b> Move It or Lose It<br><b>10:00</b> Daily Chronicles<br><b>10:30</b> Wack-a-ball<br><b>2:15</b> Mid Day Move It<br><b>2:30</b> Snowy Bingo<br><b>3:45</b> Edible Eats<br><b>6:30</b> Chicken Soup for the Soul | <b>9:30</b> Chair Moves<br><b>10:00</b> Creative Cooking<br><b>10:30</b> Tasty Wednesday<br><b>11:00</b> Hot Potato<br><b>2:30</b> Mid Day Move It<br><b>3:00</b> What Is It?<br><b>3:45</b> What Are You Craving?<br><b>6:30</b> Winter Memories                                       | <b>9:00</b> Morning Stretch<br><b>10:00</b> Tons of Laughs<br><b>10:30</b> Parachute<br><b>11:00</b> Who am I?<br><b>2:30</b> Buffalo – Things that aren't there anymore<br><b>3:45</b> Early Bird Special<br><b>6:30</b> Reminisce | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>11:00</b> Wack-a-Ball<br><b>2:30</b> Walk & Talk<br><b>3:00</b> Winter Bingo<br><b>3:45</b> How's the Chow?<br><b>6:30</b> Music with Dean Martin<br><i>Purim Begins</i>            | <b>9:30</b> Move It or Lose It<br><b>10:00</b> What is It?<br><b>10:45</b> Name that Topic<br><b>11:20</b> Nibble A Bit<br><b>2:30</b> Horse Racing<br><b>3:15</b> Antique Road Show<br><b>3:45</b> Smorgasbord<br><b>6:30</b> Classic Movie Night |
| <b>9:30</b> Big Ball Name Game<br><b>10:00</b> Faith Hour<br><b>10:45</b> Walk & Talk<br><b>11:20</b> Munch for Lunch<br><b>2:30</b> Mid Day Move It<br><b>3:00</b> Bingo<br><b>3:45</b> What's for Dinner?<br><b>6:30</b> 60 Minutes                        | <h3>LOCATION KEY</h3> <p>All activities will be conducted in Liberty Lodge unless otherwise noted.</p> <p>All activities will be overseen by Lisa Vesneske-Margage and conducted by Liberty Lodge Staff unless otherwise noted.</p>   |   |   |   |  |  |